



The Barral Institute
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The Barral Institute is a proud member of the
International Alliance of Healthcare Educators.

NEURAL MANIPULATION: PERIPHERAL NERVE MANIPULATION; LOWER BODY (NM3)

EDUCATIONAL CREDIT: 1.8 CEU/1.8 hrs
WORKSHOP SCHEDULE: 9:00 a.m. to 5:00 p.m.

This course explores evaluation and treatment techniques for peripheral nerves of the lower body. The advanced level workshop includes lecture, demonstration and practice for each technique presented.

Course Participants

Licensed or certified healthcare professionals or students, including Massage Therapists, Physical Therapists, Occupational Therapists, Naturopaths, Athletic Trainers, Chiropractors, Osteopaths, Acupuncturists, Nurses, and other allied healthcare professionals.

Learner Objectives

- Identify and describe in detail the anatomy and function of the peripheral nerves of the lower body.
- Explain typical pain patterns that arise from dysfunction of these peripheral nerves.
- Demonstrate evaluation methods and treatment techniques to facilitate normal functioning of these peripheral nerves.
- Describe and demonstrate various methods for releasing restrictions in nerves.
- Explain practical integration into treatment sessions.

Day One

9:00 – 12:00	<i>15 minute break mid-way through</i> Physiology of the Nervous System Characteristics of Lower Limb's Nervous System Dura Mater Release: Upper Spinal Section
12:00 - 1:30	Lunch
1:30 – 5:00	<i>15 minute break mid-way through</i> Sciatic Nerve, Level - L4-L5 Intervertebral Soft Tissue Manipulations, Supine and Prone Positions Practice and Review Question/Answer session

Day Two

9:00 – 12:00

15 minute break mid-way through
Femoral Nerve
 Physiology, Pathology and Symptomatology
Saphenous Nerve
 Physiology, Pathology and Symptomatology
Obturator Nerve
 Physiology, Pathology and Symptomatology

12:00 - 1:30

Lunch

1:30 – 5:00

15 minute break mid-way through
Lateral Cutaneous Nerve, Visceral Connections
Inguinal Canal, Anatomy
Iliohypogastric
Ilio-inguinal and Genitofemoral Nerves
Practice and Review
Question/Answer session

Day Three

9:00 – 12:00

15 minute break mid-way through
Pudendal Nerve (externally)
Levator Ani Muscle (externally)
Lower Part of the Sciatic Nerve; Medial and Lateral Plantar Nerves

12:00 - 1:30

Lunch

1:30 – 5:00

15 minute break mid-way through
Morton Disease
Hallux Valgus Treatment
Nervous System, Visceral Connections
Intercostal Nerves, Visceral Connections
Full Body General Treatment
Practice and Review
Question/Answer session